



DIVER STRESS & RESCUE

Continue Your Education

Be prepared for those unexpected emergencies and learn how to identify potential emergency situations before they occur. This program is about avoiding, recognizing and solving problems on the surface and underwater.

Requirements

- SSI Open Water certification or equivalent
- A Valid CPR, First Aid & Oxygen Provider Certificate

Course Content:

- What is Stress?
- Stress in Diving: Causes and Prevention
- Detecting and Dealing With Stress
- Accident Management
- Skills Needed to Deal With Panic and Rescues

Cost: \$445pp

See [calendar](#) for course dates

What's Included:

- 1 theory night in Canberra
- 5 shore dives
- Online training to be completed at your own convince
- 50% off all hire gear needed for the course
- 10% discount on any scuba purchase whilst on course and up to 14 days after